

# THE PROGRESSOR



Rev. Walter Williams,  
Pastor



February 2011

The New Mount Zion Missionary Baptist Church of

Tampa, FL Inc.

2511 E. Columbus Drive 33605 Tampa, FL 33605

[www.newmt.zion-tampa.com](http://www.newmt.zion-tampa.com)

Contact Numbers: (813) Church=248-8101 Fax=247-6338 Life Center=247-3899

"We may not be able to stop all evil in the world, but I know that how we treat one another is entirely up to us." (President Barack Obama on 01/12/11 at the Arizona Memorial Service)

## FROM THE PASTOR'S DESK

Thank God for Sis. Wardlow and "The Progressor" which aids us in spreading the message of gratitude for the love shown us this holiday season. Lena and I would like to say again, thank you for every card, letter, gift, or gesture for Christmas. You make us feel appreciated.

We had a wonderful holiday season and cannot wait to get back to the routine of ministry. Our NMZ family has been blessed to have some new additions, and we welcome them all. We would do well to remember that God has a plan for everything He does and for every place He stations us. We play a very important role in the Master's Program. Jesus said, "He who hears you, hears me, and the one who

rejects you, rejects me. And the one who rejects me, rejects the one who sent me." (Luke 10:16).

I want to congratulate all ministry leaders for your willingness to serve in your respective capacities. We live in a fast paced, ever changing society which threatens to overrun even the Church, but we encourage you to hold steady, stand on the Word of God, and he will establish you.

Our Annual Revival Prayer Week is just around the corner, and we need to keep this in our focus. The Prayer Week speakers have not yet been named, but we will attend to that very soon. Our evangelist for Revival Week will be Dr. Hezekiah Benton, and our lecturer will be Moderator Fleming Tarver. We expect to have guest choirs from around the city each night; and at a date yet to be announced,

we plan to have Minister Princeton Parker visiting with us.

For the benefit of those who did not make the last staff meeting, our theme for this year is "EMBRACING THE GUIDELINES FOR SPIRITUAL GROWTH" (I Thess.5:12-22).

We would like to see some new commitments for our Church School's activities. We need to see an increased presence of our Shepherd's Men Class. All of our classes need to be more punctual regarding starting time each Sunday.

There can only be spiritual growth where there is spiritual exercise.

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## "The History of Black History"

Dr. Carter G. Woodson, considered to be a pioneer in the study of African American History (1875-1950), is given much of the credit for Black

History Month. The son of former slaves, Woodson spent his childhood working in coal mines and quarries. He received his education during the four-month term that was customary for Black schools at the time. At 19, having taught himself English fundamentals and arithmetic, Woodson entered high school, where he completed a four-year curriculum in two years. He went on to receive his Masters Degree in history from the University of Chicago, and he eventually earned a PhD from Harvard.

Disturbed that history textbooks largely ignored America's Black population, Woodson took on the challenge of writing Black Americans into the nation's history. To do this, Woodson established the Association for the Study of Negro Life and History. He also founded the group's widely respected publication, the Journal of Negro History. In 1926, he developed Negro History Week. Woodson believed that "the achievements of the Negro properly set forth will crown him as a factor in early human progress and a maker of modern civilization."

In 1976, Negro History Week expanded into Black History Month. The month is also sometimes referred to as African American Heritage Month. Woodson chose the second

week of February for the celebration because it marks the birthdays of two men who greatly influenced the Black American population: Frederick Douglass (February 14), an escaped slave who became one of the foremost Black abolitionists and Civil Rights leaders in the nation, and President Abraham Lincoln (February 12), who signed the Emancipation Proclamation, which abolished slavery in America's confederate states.

Because of his work, Dr. Woodson has been called the "Father of Black History." (Internet 01/30/06)

**Each day, we contribute to our history. What type of legacy are we leaving?**



**A MEMBER SHARES...**

Dea. John Lovett shares that Black History Month was set aside to learn, honor, and celebrate the achievements of Black men and women throughout history. Since its inception, Black History Month has been celebrated in February. When I attended public schools in

Jacksonville, Florida from 1948 to 1961, Black History was observed during the second week in February. After entering the United States Air Force, I was amazed at the number of people throughout our Country who had not been exposed to Black History. Additionally, I was blessed to have been raised in a home where my parents believed that "a people without a knowledge of themselves is like a tree with no roots." Because of my Black History knowledge, I was selected as one of the first Race Relations Instructors in the United States Air Force.

NOTE: Thank you, Dea. Lovett, for sharing a legacy concerning our history as a people.

**New Members' orientation**



**Reported By**

**Dea. Sutton Page**

We are pleased to welcome the following new members to our Church Family:

**December Graduate:**

**Tisha Clark**

**January Baptisms:**

**Alisha Brill, Cory Nedd,  
Jarvis Haynes**

**January Graduate:**

**Cory Nedd**



#####  
Sympathy is extended to the following reported families:

Sis. Geraldine Twine  
Dea. Glen Baham<sup>1</sup>  
Sis. Laura Freeman  
The Family of Dea. L.B. Anderson (Sis. Karen Anderson—Wife and Sons)  
Bro. Willie Bell  
Sis. Mae Pearl Merritt  
Sis. Mary Neal Davis  
Sis. Gloria Sylvester  
Sis. Bessie Nelson and Sis. Cassandra Howard  
Bro. Herbert Jones  
Sis. Oletha Jones  
Bro. Walter White  
Sis. Carolyn Watson  
Sis. Helen Stacy  
Dea. David Lewis  
Bro. Riley Mitchell  
Sis. Delores Wheeler  
Sis. Gertrude Murrell  
Sis. ToyNETta Williams  
Sisters Novia Newsome and Catherine Waddell  
Minister Ronald Thomas  
Sis. Kenya Pearson  
Dea. Willie Howard  
The Family of Bro. Marquis Lafayette Grant, III  
Sis. Sandra Thomas  
Sis. Audrey Dawson  
Sis. Sharon Bryant  
Bro. Vincent Samuel  
OTHERS NOT REPORTED



For all **Church Clerk** items, please contact  
**Sis. Marilyn Washington** at  
**813-657-9580.**



## YEARLY CONTRIBUTIONS

Please request your yearly financial statement by **telephoning** our Church's **Secretary** at **248-8101**. Your request will be forwarded to Church Treasurer, Sis. Yvonne Wilson.



**"FROM THE CHURCH OFFICE"**

**Submitted By**  
**Sis. Fontaine Wells**

Please help me get accurate and complete information to the church congregation by submitting **information for the Church Bulletin by 10 PM Tuesday**. Forms for submission are located in the hallway under the Bus Ministry Charter Request forms or as we are in the computer age, they can be emailed to [churchhappenings@aol.com](mailto:churchhappenings@aol.com). Finally, you may leave a message on the Church's telephone voice mail (248-8101).

**Thank you**

## FOR FAMILY LIFE CENTER

Please schedule all usage of the Family Life Center with **Sis. Linda Porter**. You can leave a message in her voice mailbox at **248-8101 (Box #2)** or talk with her in person.

## LOVE FROM WITHIN MOVES



The Thanksgiving and Christmas seasons are filled with the love of giving. Many people have been blessed through the generous hearts of our congregation. As we go through each month, let us remember to let our love for others continue to move through our helping in the non-traditional seasons of life.

Let this new year be one in which, **"We further engage to watch over one another in brotherly love: to aid each other in sickness and distress; to cultivate Christian sympathy in feeling and courtesy in speech; to be slow to take offense, but always ready for reconciliation, and mindful of the rules of the Savior, to secure it without delay."**

**The real test of our love for God is how we treat others. We cannot truly love God while neglecting to love those who are created in His image.**




## SOME GREAT EVENTS


(1) The Tampa Chapter of the **Gospel Music Workshop of America** celebrated its 17<sup>th</sup> Anniversary on Saturday, November 6 at our Church. The event gave joyous praise to our Heavenly Father through many songs of praise.

(2) **Congressional Youth Ministry** went to Mount Moriah M. B. Church in Plant City on Saturday, November 13.

(3) **First South Florida District Association** convened at Mount Moriah M. B. Church in Plant City during the week of November 15. We were blessed to have many representatives from our Church actively involved.

(4) **Family Night Christmas Fellowship** was held on Wednesday Evening December 15. This event was filled with great fellowship, fun, and food.

(5)  **Christmas Program** was held on Sunday, December 19 at 4:00 PM. Under the leadership of Sis. Joan Fraiser, the Drama Ministry spent many evenings practicing to present an outstanding celebration entitled, "The Birth of Jesus—For Unto Us A Child Is Born." Thank you, Sis. Fraiser and ministry, for the time and talent you gave in producing another **excellent performance.**

(6)  January 1, 2011—The celebration began at **Watch Night 2010** as our congregation combined with Rev. Lockett's congregation in giving praises to our Heavenly Father for the blessings bestowed during the year 2010. Songs of praises, prayers of acclamation, and acknowledgements of the greatness of our Almighty God were shared. At 12:00 AM, it became a new year. It is because of God's grace and His mercy that we are able to say, **"Thank you, Lord, for giving us the New Year 2011."**

(7) **2011's OFFICERS INSTALLATION** was held on Sunday, January 16 at the 10:55 PM Worship. Rev. Williams delivered a thought-provoking message

from Exodus 3:1-14 entitled, "Excuses Excluded."

(8) **The Eagles Band from Kingston, Jamaica** fellowshipped with us at 10:55 Worship on Sunday, January 16. The band visited with us in celebration of their intended performance in Dr. Martin Luther King, Jr.'s Parade on Monday, January 17.

\*\*\***Update**—Because of the rainy weather, accompanied with lighting, the Parade was cancelled after having taken place for 26 continuous years.

(9) **Saturday, January 22 the First South Florida District Association Congress #4 honored the Pastors' Wives.** This tribute was housed in our Family Life Center's Dining Room.

(10) **Sunday, January 23** yearly visit to Mount Olive's Installation Service where Rev. C. P. Epps serves as Pastor. The Voices of Praise and the Male Chorus combined to give leadership to the Song Service.

(11) **The Fifth Sunday Congress** was hosted at New St. Matthews Tampa January 26-29 at 1006 S. 50<sup>th</sup> Street where Rev. Alec Hall serves as Pastor. Our Male Chorus participated in the musical on Thursday night. Rev. Williams is the Workshop Instructor. NMZ was represented in all areas.



**"HELP FOR THE CAREGIVER"**

Our Church is blessed with many members who give of their time and service in helping the primary caregiver. We are truly a blessed Church with loving and caring members.



His love is as gentle as freshly fallen snow; His joy is as lovely as winter's glow; His peace is the quiet place our hearts can go. In quietness and trust is your strength...Isaiah 30:15 NIV

God's Spirit works in every believer. The strongest gospel message does not come from the pulpit. The most powerful witness for Jesus Christ comes through **YOU** to others where you work, where you live, where you relax, and where you go to church. Submit to the Holy Spirit's work, and He will produce a great harvest of spiritual fruit in your life.

**Submitted By Sis. Marilyn Washington**

LOVE



**OUR MINISTRIES**  
(Working to uplift the name of God in Word and Deed)

Thank you to the following Ministries for your articles:



**USHER BOARD #2**

Reported By President Sis. Yvonne Douglas

Usher Board #2 welcomed a new member, Sis. Patricia Jackson. She is delighted to be part of our ministry and has already begun to work.

Our Christmas Social was held at Longhorn Steakhouse in Brandon on Tuesday, November 30. We thanked God for blessing us with delicious food and the fellowship.



**AUDIO-VISUAL**

CDs, DVDs, and Audio Tapes can be purchased of the many services and events held at our Church. For more information, please contact

Ministry leader, Sis. Bonnie Asberry Lewis.



Submitted By Sis. Cosette Whitmore  
**What is Coronary Heart Disease (CHD)?**

Coronary Heart Disease is also called coronary artery disease. This disease or condition develops when a combination of **fatty material, calcium, and scar tissue** (plaque) builds in the arteries that supply the heart with blood. Remember, the heart muscle (myocardium) gets the oxygen and other nutrients it needs to pump blood through arteries called coronary arteries.

\*Plaque narrows arteries decreasing blood flow to the heart, therefore causing chest pain.

\*If blood flow is completely blocked by plaque, it may cause a heart attack or death...**Seek immediate medical attention.**



**SAVING OUR CHILDREN**

Reported By Sis. Deloris Taylor

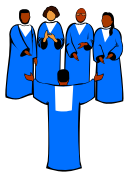
On Saturday, December 4, we had a session on money matters.

The session was facilitated by Bro. Arthur Holley. He spoke about the importance of saving for the future and how to best manage your money.

December 11's session focused on the importance of volunteering and giving back. The students made Christmas cards to be distributed at a local nursing home.

On December 18, we attended a teen summit hosted by Derrick Brooks Charity. The session's moderator was DJ Alex Jordan of WTMP Radio Station. The topic was, "Your Future and How To Plan It." It was an excellent session where the youth discussed what they are doing now to prepare themselves to reach their future goals.

Our session resumed on January 8, 2011.



## VOICES OF PRAISE

The Voices of Praise enjoyed a Christmas fellowship of food and fun after choir rehearsal on Tuesday, December 14. Each voice section was asked to be responsible for providing various covered dishes. Some of the fellowship's fun consisted of a Christmas Shirt contest

and a Christmas Sock contest. The participants gave their all in modeling their Christmas fashions. The judges selected Sis. Bettye Grant as the first place winner in the Christmas Sock contest; Sisters Vivian Davis and Jackie Jones (of the renowned Songbird Singing Jones Family) received second and third places in the Christmas Sock contest. Other games were played for prizes.

The Voices of Praise Christmas Fellowship was filled with fun, fellowship, and food.



## THE DEACONESS

Reported By

**Sis. Yvonne Douglas**

On October 26, Rev. Williams came to our meeting and blessed us with our annual Deaconess workshop. It was very informative and we are all looking forward to the next workshop.

Saturday, November 13, the Deaconess Ministry had a free clothes-give-away. Many people from the neighborhood came out and shopped from 9:30 A.M. until noon. We had volunteers from NMZ who helped us sort the clothes. Thanks to NMZ members who make donations throughout the

year so we can keep our Clothes Closet full.

Sister Grant introduced us to a very inspiring book called "Supreme Confidence". The Ministry was divided into four groups and each group made a presentation from chapters of the book.

Our Christmas Social was held on December 2 at the Colonnade Restaurant on Bayshore. We had a wonderful dinner in a private room with beautiful linen tablecloths and poinsettias.

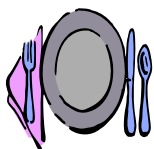
We sang songs of the holiday season and played trivia games.

On December 17, we went caroling at the Rehabilitation Health Care Center and presented the residents with new socks. They were very pleased to sing along with us and thanked us for the socks.

A \$100 donation was made to Metropolitan Ministries from the Deaconess Ministry to help with incidentals during the season.

In our Quarterly Bible study class, Sis. Cusseaux taught us from Chapter 7 of the Deaconess Handbook, "Instruments of Peace." We thoroughly enjoyed the class and afterwards we had a delicious Chat N' Chew.

"See that none render evil for evil unto any man; but ever follow that which is good, both among yourselves, and to all men." 1 Thess.5:15



## CULINARY MINISTRY

Our Ministry's Christmas Fellowship was held on Monday, December 20 at Malio's. It was filled with great food and outstanding games.

Please join us on the 2<sup>nd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> Sundays for Church Fellowship Breakfast. The price of the Breakfast is only \$5.00.



## LEGAL MINISTRY

A special **thank you** is extended to Sis. Miriam Sumpter Richard and her staff at **FRESH START LAW FIRM** for the time and service they give to our members.



## SENIOR WOMEN

Reported By  
President Carolyn  
Watson

The Senior Women Mission Ministry started this new fiscal year with several members attending the First South Florida Missionary Baptist Association held at Mt. Moriah Missionary Baptist Church in Plant City, Florida on November 18, 2010.

During the President's Hour, our own Sis. Ernestine Carr introduced President Barbara Wright to the congregation. Sis. Wright expounded on the theme—"Is It Our Experience Or The Word" that we need to depend on as we travel through life's journey.

On November 23, 2010, Sis. Wright, along with several sisters of our mission, attended "Donation Day" at the Florida Memorial University in Miami, Florida. President Wright presented the University with \$11,944.35 from the Association to help many of the students in need.

December 8-10, 2010, Sis. Barbara Wright attended the Mid-Winter Board Meeting held in Ft. Pierce, Florida. At this meeting, plans were made for the Annual State Convention, which will be held March 20-25, 2011 at Innis Brook Resort in Palm Harbor, Florida.

The year 2010 ended with an Outreach Project that was a great SUCCESS! Our Ministry teamed with the Deaconess Ministry and visited Sis. Claudia Donaldson and other patients at the Rehabilitation Health Care Center. The visit opened with a prayer by Sis. Kim Engram. We sang Christmas Carols. Sis. Carolyn Watson read the Christmas Story; Sis. Clym Washington presented each patient with two pairs of booties or socks donated by

members of each ministry. We enjoyed the visit and the patients were overwhelmed with all we had to offer. Other members participating in this joint visit were: Sisters Bettye Grant, Yvonne Douglas, and Daisy Jenkins.



## GOLDEN GEMS

After our weekly Bible Study, we held our Christmas Social on Tuesday, December 7 in the Family Life Center from 12:30 PM-2:00 PM. At this yearly event, members brought in covered dishes; Secret (Gems) Pals were revealed; door prizes were given; gift cards were exchanged, and plenty of fun was enjoyed by all.

We invite you to join us for Bible Study on Tuesdays from 11:00 AM to 12:00+PM.



## USHERS' MINISTRY

There is a growing concern about our youth not being in the Worship Services of our church. The youth are standing outside, sitting in the foyer of the Family Life Center, or roaming the classrooms. We





# COMPUTER EDUCATION

The students are doing very well in their classes. Many of them are now performing work for themselves and their respective ministries. If you would like to get a student's perspective on the classes, you may ask any of the following students: **Sisters** Dora Dixon, Ollie Juanita Norris, Lemeldon Norwood, Deloris Taylor, Ella Banks, Margaret Bryant, Caroline Jones, Clymogline Washington, Lula Sumpter, Mary Freeman, Geraldine Twine, Marie Beard, Karen Sonniers, Kenya Pearson, Jennifer Engram Garrett, Irene Stewart, Minnie Mitchell, Mary Jones, Gloria Sylvester, Ethel Cole, Dorothy Jacobs, Essie Merritt, Dorothy Thomas; Dea. Willie Grant and Minister Willie Kimbrough.

The classes run on Tuesdays from 9:30 AM to 6:30 PM; Wednesdays from 9:30 AM to 1:00 PM. If you have questions concerning the classes, please contact Clara Wardlow.



**Dea. Les Miller** was elected County Commissioner for District 3. Since his student days at the University of

South Florida, Dea. Miller has been giving dynamic service to the public through the political arena. He is always available to help "the people."

**Sis. Brandi Fraiser** graduated from the University of South Florida on December 11 with her Bachelor's Degree in Psychology.

**Bro. William Batten** was viewed on television sending a military Christmas greeting to his family from his Naval station. He is the son of Sis. Gwen Batten.

**Dea. Clarence and Sis. Yvonne Fort** celebrated their 50<sup>th</sup> Wedding Anniversary on January 1 with their biological family, spiritual family, and friends. The event was filled with love and devotion to God and thus to the unity of marriage.

**Sis. Bonita Holmes** is the recipient of the Ida S. Baker Minority Educator's Award at her school. Sis. Holmes is the daughter of Sis. Annie Preston.

**OUR RETURNING COLLEGE STUDENTS** were home and fellowshiped with us during the Christmas Season. Let us continue to lift the students (and their parents) as they strive to achieve success in the educational arena.

**Sis. Claudia Donaldson** celebrated her 103<sup>rd</sup> Birthday with family, friends, church members,

and others on Monday, January 17 at Rehabilitation Health Care Center. "Ms. Claudie," as she is lovingly called, is the mother of Sis. Clymogline Washington.

**Bro. Jimmy and Sis. Ann White** celebrated their 43<sup>rd</sup> Wedding Anniversary on January 31. Sis. White states, "May God continue to keep us and bless us with His grace and mercy."

**Ms. Kandace Dawn Nunn** announced the opening of "Kan-Dance Studio" in the Tampa Bay community. Dance and Fitness lovers of all ages are invited to enjoy a variety of classes. This premiere dance and fitness studio will inspire, enrich and educate students in the Art of Dance and Fitness. "Kan-Dance Studio" is located in the heart of Tampa Bay at 7402 N. 56<sup>th</sup> Street, Suite 705, Tampa, Florida, 33617.

Kandace, the Owner/Artistic Director, is excited about "Kan-Dance Studio" being Tampa's Premiere Dance Studio. Kan-Dance Studio was created because of her love and adoration for dance. Kandace has devoted herself to building a studio of technique, performance quality and pure respect for dance education and fitness. Her vision is not only to provide great dance instruction to the community but also to bring dance and fitness back into people's lives.

Register for classes today! "Kan-Dance Studio" provides personalized and comprehensive dance training to the pre-professional, recreational dancers and fitness enthusiast. We offer a variety of classes and training (Pre-Dance, Ballet, Jazz, Hip-Hop, Jazz, African, Fitness Boot Camp, and Zumba). It is the perfect place for children to grow artistically, while gaining a genuine love for all forms of dance. "Kan-Dance Studio," also, provides adults with the most well-rounded professional classes for all levels, beginners through pre-professionals. Contact Information: Kandace Nunn, 813-985-5950, [info@kandancestudio.com](mailto:info@kandancestudio.com)

(Reported By  
Sis. Alfreida Mulkey



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**"A NEW YEAR THOUGHT"**

It's beautiful when your faith reminds you who is in control of your life and you are destined to be blessed. Don't let ANYONE steal your joy nor your hope for your future! If they aren't adding some level of happiness to your life, maybe it's time for them to be out of it.  
(email friend)



**YOUTH CONGRATS**

**Geraldine "KeKe" Williams** made the Honor Roll at Cambridge Christian Academy. "KeKe" is in the eleventh grade and is the grand daughter of Sis. Geraldine Twine.

**Kenza Thomas** made the Honor Roll at Tampa Bay Technical High School. She is in eleventh grade. Kenza is the daughter of Minister Ronald and Sis. Patricia Thomas.

**Myles Wardlow** made the Honor Roll at Mendenhall Elementary. He is in second grade. Myles is the son of Bro. Michael Wardlow.

**Naleyzah Kendricks** made the Principal Honor Roll at James Elementary School. She is the daughter of Sis. Rasheedra Carswell.

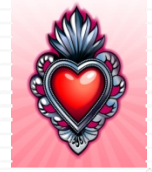
**Sierra James** made the High Honor Roll at Young Middle School. She is the daughter of Bro. Theron and Sis. Annette James.

**Isaiah Anderson** made High Honor Roll at James Elementary School. He is the son of Bro. Dan and Sis. Areatha Anderson.

**Tiffany Johnson** made the Honor Roll at Hillsborough High School; she is a senior and the niece of Sis. Denise Newsome.

**Larenz Johnson** made the Honor Roll at Wiregrass

High School; he is a senior and is the son of Minister Lawrence and Sis. Angie Johnson.



**DID YOU KNOW?**

By  
**Sis. Clym Washington**

Did you know that New Mount Zion has a person giving her time and talents two days a week to teaching computers to the elderly (smile)? She is the sweetest person you would want to teach you. She is most patience and shows the capacity of being a calm and enduring woman. I can see now why she was such a wonderful high school teacher. I know we get on her nerves asking so many questions, but you will never know it when you hear the answers coming from her voice. She is the best computer teacher you ever want. She really knows the computer. I have learned and have done a lot since I have been in her class. The person I am speaking of is none other than Sis. Clara Wardlow. Sis. Wardlow, your students really love you and thank you for all the help you are giving us. I really appreciate all you do for me, and I know the Lord is really looking down upon



